

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number:** HMS 226

**Credits:** 3

**Course Title:** Helping Across Cultures

**Course Description:** Provides an historical overview of selected cultural and racial groups. Promotes understanding of group differences and the impact on counseling services. Lecture 3 hours per week.

**General Course Purpose:** This course can be used to satisfy the requirements of the Human Services AAS degree by the college. In addition to human service majors, this course offers students in other disciplines an opportunity to explore and study human diversity and its implication for human services practice.

**Course Prerequisites and Co-requisites:**

None

**Student Learning Outcomes:**

Upon completing the course, the student will be able to

- a. Articulate understanding of the influence of race, ethnicity, and culture upon human relations;
- b. Define melting pot, cultural assimilation, and cultural pluralism philosophies;
- c. Discuss the terms minority, oppression, and social justice with regard to marginalized groups in society; and
- d. Discuss an introductory knowledge of cross-cultural counseling theories and approaches.

**Major Topics to Be Included:**

- a. Cross-culture perspectives
- b. The American Indian, Asian American, African American, and Latino clients
- c. Groups and cross-cultural counseling approaches and minority clients
- d. Cultural Competency

**Date Created/Updated (Month, Day, Year):** January 30, 2019