Course Prefix and Number: NSG 152          Credits: 3

Course Title: Health Care Participant

Course Description: Focuses on the health and wellness of the health care participant defined as individuals and families in a variety of communities throughout the lifespan. Covers concepts that focus on client attributes and preferences regarding healthcare. Emphasizes population-focused care. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or cooperating agencies, and/or simulated environments. Prerequisites: BIO 142 or BIO 232 or NAS 162; NSG 100, NSG 106, NSG 130, and NSG 200; grades of C or above in Semester 1 courses. Co-requisites: BIO 150 or BIO 205, and NSG 170. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

General Course Purpose: The purpose of this course is to introduce the advanced beginner student to concepts relevant to community based nursing.

Course Prerequisites and Co-requisites:
Prerequisites: BIO 142 or BIO 232 or NAS 162; NSG 100, NSG 106, NSG 130, and NSG 200; grades of C or above in Semester 1 courses
Co-requisites: BIO 150 or BIO 205, and NSG 170

Student Learning Outcomes:
Upon completing the course, the advanced beginner student will be able to
a. Assess diverse client/family values, beliefs, and attitudes as well as community resources in a variety of community settings;
b. Provide culturally relevant care that minimizes risk of harm to clients in community settings;
c. Demonstrate use of the nursing process and evidence-based care related to the concepts of family dynamics, culture, spirituality, grief/loss, motivation/adherence, patient teaching, health care disparities and infection in supervised community care;
d. Develop a plan for providing community-based care in a resource poor environment;
e. Use epidemiological principles in the evaluation of diverse community settings;
f. Implement a teaching plan for an individual or group in the community setting with supervision; and
g. Compare and contrast the uses of informatics and quality control for inpatient vs. community-based care.

Major Topics to Be Included:
1. Community Based Practice Concept
   Overview of community nursing
   Role of the nurse in community setting
Home health nursing
Home safety
Epidemiology
Exemplar: community assessment (windshield survey)

2. **Family Dynamics Concept:**
   Overview of the family dynamics
   Genogram
   Risk related to genetics
   Family structure and roles
   Exemplars: aging of family members, expanding family, chronic illness of a family member

2. **Culture Concept:**
   Overview of culture
   Culture subconcepts
   Cultural competence
   Cultural self-awareness
   Diversity
   Exemplars: sexual orientation, examples of cultural preferences in situations across the lifespan

3. **Spirituality Concept:**
   Overview of spirituality
   Effects on health
   Spiritual needs and assessment
   Exemplar: spiritual distress

4. **Health Care Disparities Concept:**
   Overview of health care disparities
   Characteristics of those at risk
   Healthcare access
   Quality of care
   Healthy people 2020
   Exemplars: homelessness, veterans, lower socioeconomic status

5. **Stress and Coping Concept:**
   Overview of stress and coping
   Physiological response to stress
   Risk/benefit of stress
   Healthy coping and stress management
   Exemplars: physical response/disease, separation anxiety (child)

6. **Patient Education Concept:**
   Overview of patient education
   Domains of learning: affective, cognitive, psychomotor
   Teaching-learning process: teaching-learning theories, educational principles
   Factors affecting learning: health literacy, learning readiness, motivation theories
   Health belief model
   Self-efficacy, change theory, response to change
Technology: client health informatics promotion of healthy lifestyle
Exemplars: diabetes education, pre-operative teaching

7. Grief and Loss
   Types of loss
   Stages of grief
   Effect on the family and significant others
   Exemplars: loss of a child at birth, SIDS (Sudden Infant Death Syndrome), children’s response to loss, end-of-life care, and amputation

8. Infection Concept:
   Community-based infections
   Epidemiology
   Diagnostics related to infection
   Pharmacological interventions: antimicrobials (antibiotics and antifungals)
   Exemplars: pneumonia, otitis media (child), meningitis (adolescent), Respiratory Syncytial Virus (RSV) (infant)

Date Created/Updated (Month, Day, and Year): July 24, 2018