Course Prefix and Number: NSG 152  Credits: 3

Course Title: Health Care Participant

Course Description:
Focuses on the health and wellness of the health care participant defined as individuals and families in a variety of communities throughout the lifespan. Covers concepts that focus on client attributes and preferences regarding healthcare. Emphasizes population-focused care. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or cooperating agencies, and/or simulated environments. Prerequisites: BIO 142 or BIO 232 or NAS 162; NSG 100, NSG 106, NSG 130, and NSG 200; grades of C or above in Semester 1 courses. Co-requisites: BIO 150 or BIO 205, and NSG 170. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

General Course Purpose:
The purpose of this course is to introduce the advanced beginner student to concepts relevant to community based nursing.

Course Prerequisites and Co-requisites:
Prerequisites: BIO 142 or BIO 232 or NAS 162; NSG 100, NSG 106, NSG 130, and NSG 200; grades of C or above in Semester 1 courses
Co-requisites: BIO 150 or BIO 205, and NSG 170

Course Objectives:
Upon completing the course, the advanced beginner student will be able to
1. Assess diverse client/family values, beliefs, and attitudes as well as community resources in a variety of community settings.
2. Provide culturally relevant care that minimizes risk of harm to clients in community settings.
3. Demonstrate use of the nursing process and evidence-based care related to the concepts of family dynamics, culture, spirituality, grief/loss, motivation/adherence, patient teaching, health care disparities and infection in supervised community care.
4. Develop a plan for providing community-based care in a resource poor environment.
5. Use epidemiological principles in the evaluation of diverse community settings.
6. Implement a teaching plan for an individual or group in the community setting with supervision.
7. Compare and contrast the uses of informatics and quality control for inpatient vs. community based care.

Major Topics to Be Included:
1. Community Based Practice Concept
   Overview of community nursing
   Role of the nurse in community setting
   Home health nursing
   Home safety
   Epidemiology
   Exemplar: community assessment (windshield survey)
2. **Family Dynamics Concept:**
   Overview of the family dynamics
   Genogram
   Risk related to genetics
   Family structure and roles
   Exemplars: aging of family members, expanding family, chronic illness of a family member

3. **Culture Concept:**
   Overview of culture
   Culture subconcepts
   Cultural competence
   Cultural self-awareness
   Diversity
   Exemplars: sexual orientation, examples of cultural preferences in situations across the lifespan

4. **Spirituality Concept:**
   Overview of spirituality
   Effects on health
   Spiritual needs and assessment
   Exemplar: spiritual distress

5. **Health Care Disparities Concept:**
   Overview of health care disparities
   Characteristics of those at risk
   Healthcare access
   Quality of care
   Healthy people 2020
   Exemplars: homelessness, veterans, lower socioeconomic status

6. **Stress and Coping Concept:**
   Overview of stress and coping
   Physiological response to stress
   Risk/benefit of stress
   Healthy coping and stress management
   Exemplars: physical response/disease, separation anxiety (child)

7. **Patient Education Concept:**
   Overview of patient education
   Domains of learning: affective, cognitive, psychomotor
   Teaching-learning process: teaching-learning theories, educational principles
   Factors affecting learning: health literacy, learning readiness, motivation theories
   Health belief model
   Self-efficacy, change theory, response to change
   Technology: client health informatics promotion of healthy lifestyle
   Exemplars: diabetes education, pre-operative teaching

8. **Grief and Loss**
   Types of loss
   Stages of grief
   Effect on the family and significant others
Exemplars: loss of a child at birth, SIDS (Sudden Infant Death Syndrome), children’s response to loss, end-of-life care, and amputation

9. **Infection Concept:**
   - Community-based infections
   - Epidemiology
   - Diagnostics related to infection
   - Pharmacological interventions: antimicrobials (antibiotics and antifungals)
   - Exemplars: pneumonia, otitis media (child), meningitis (adolescent), Respiratory Syncytial Virus (RSV) (infant)

**Effective Date of Course Content Summary:** Spring 2018