Course Prefix and Number: NSG 152     Credits: 3

Course Title: Health Care Participant

Course Description: Focuses on the health and wellness of diverse individuals, families, and the community throughout the lifespan. Covers concepts that focus on client attributes and preferences regarding healthcare. Emphasizes population-focused care. Provides supervised learning experiences in college nursing laboratories, clinical/community settings, and/or cooperating agencies, and/or simulated environments. Prerequisites: BIO 142 or BIO 232; NSG 100, NSG 106, NSG 130 and NSG 200. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

General Course Purpose: The purpose of this course is to introduce the advanced beginner student to concepts relevant to community-based nursing.

Course Prerequisites and Co-requisites:
Prerequisites: BIO 142 or BIO 232; NSG 100, NSG 106, NSG 130 and NSG 200

Student Learning Outcomes:
Upon completing the course, the advanced beginner student will be able to
a. Assess diverse client/family values, beliefs, and attitudes as well as community resources in a variety of community settings;

b. Provide culturally relevant care that minimizes risk of harm to clients in community settings;

c. Demonstrate use of the nursing process and evidence-based care related to the concepts of family dynamics, culture, spirituality, grief/loss, motivation/adherence, patient teaching, health care disparities and infection in supervised community care;

d. Develop a plan for providing community-based care in a resource poor environment;

e. Use epidemiological principles in the evaluation of diverse community settings;

f. Implement a teaching plan for an individual or group in the community setting with supervision; and

f. Compare and contrast the uses of informatics and quality control for inpatient vs. community-based care.

Major Topics to Be Included:
a. Community-Based Practice Concept
   • Overview of community nursing
   • Role of the nurse in community setting
   • Home health nursing
   • Home safety
   • Epidemiology
   • Exemplar: community assessment (windshield survey)
b. Family Dynamics Concept
   • Overview of the family dynamics
   • Genogram
   • Risk related to genetics
   • Family structure and roles
   • Exemplars: aging of family members, expanding family, chronic illness of a family member

c. Culture Concept
   • Overview of culture
   • Culture subconcepts
   • Cultural competence
   • Cultural self-awareness
   • Diversity
   • Exemplars: sexual orientation, examples of cultural preferences in situations across the lifespan

d. Spirituality Concept
   • Overview of spirituality
   • Effects on health
   • Spiritual needs and assessment
   • Exemplar: spiritual distress

e. Health Care Disparities Concept
   • Overview of healthcare disparities
   • Characteristics of those at risk
   • Healthcare access
   • Quality of care
   • Healthy people 2020
   • Exemplars: homelessness, veterans, lower socioeconomic status

f. Stress and Coping Concept
   • Overview of stress and coping
   • Physiological response to stress
   • Risk/benefit of stress
   • Healthy coping and stress management
   • Exemplars: physical response/disease, separation anxiety (child)

g. Patient Education Concept
   • Overview of patient education
   • Domains of learning: affective, cognitive, psychomotor
   • Teaching-learning process: teaching-learning theories, educational principles
   • Factors affecting learning: health literacy, learning readiness, motivation theories
   • Health belief model
   • Self-efficacy, change theory, response to change
   • Technology: client health informatics promotion of healthy lifestyle
   • Exemplars: diabetes education, pre-operative teaching
h. Grief and Loss
- Types of loss
- Stages of grief
- Effect on the family and significant others
- Exemplars: loss of a child at birth, SIDS (Sudden Infant Death Syndrome), children’s response to loss, end-of-life care, and amputation

i. Infection Concept
- Community-based infections
- Epidemiology
- Diagnostics related to infection
- Pharmacological interventions: antimicrobials (antibiotics and antifungals)
- Exemplars: pneumonia, otitis media (child), meningitis (adolescent), Respiratory Syncytial Virus (RSV) (infant)

**Date Created/Updated (Month, Day, and Year):** December 9, 2019