Course Prefix and Number: NUR 111  
Credits: 8

Course Title: Nursing I

Course Description: Introduces nursing principles, including concepts of health and wellness and the nursing process. Develops nursing skills to meet the biopsychosocial needs of individuals across the lifespan. Includes math computational skills, basic computer instruction related to the delivery of nursing care, communication skills, introduction to nursing, health, the health care system, legal aspects of nursing care, diagnostic testing, assessment, teaching and learning, asepsis, body mechanics and safety, personal care, activity/rest, wound care, nutrition, elimination, oxygenation, fluid and electrolytes, pain control, medication administration, aging populations and pre- and post-operative care. Provides students an opportunity to practice self-evaluation as a part of role development and recognition of the need for lifelong learning. Provides supervised learning experiences. Prerequisites: Acceptance into the Nursing AAS degree; Health Care Provider CPR certification; submission of completed health forms meeting stated standards; verification of completed criminal background check and drug screen; Prerequisites: SDV 100, BIO 141, ENG 111, and MTH 126. Prerequisite or Co-requisite: BIO 142. Lecture 5 hours. Laboratory 9 hours. Total 14 hours per week.

General Course Purpose: The focus of Nursing 111, Nursing I (Fundamentals), is two-fold: 1) the development of nursing skills, values, and behaviors in the beginning nursing student, and 2) the care of hospitalized adults who need assistance in meeting common human needs or in maintaining or promoting health. Through self-learning activities, classroom experiences, and supervised clinical experiences, the student is provided with an opportunity to gain knowledge and skills that will enable him/her to give safe, therapeutic nursing care that meets the common human needs of hospitalized adults, thus promoting or maintaining their health.

Course Prerequisites and Co-requisites:
Prerequisites: Acceptance into the Nursing AAS degree program; Health Care Provider CPR certification; submission of completed health forms meeting stated standards; verification of completed criminal background check and drug screen;

Course prerequisites: SDV 100, ENG 111, MTH 126, and BIO 141
Co-requisites: BIO 142

Course Objectives:
Upon completion of the course, the student will be able to:

1. Demonstrate responsibility and accountability in providing safe, legal and ethical nursing care to adults in a variety of healthcare settings;
2. Identify additional learning opportunities to enhance personal and professional development based on self-assessment of learning needs;
3. Implement basic therapeutic communication techniques that facilitate client centered care;
4. Minimize risk of harm to clients and self through implementation of systematic assessment techniques into the nursing care of stable hospitalized adults;
5. Use the nursing process to meet basic needs of hospitalized adults related to mobility, comfort, nutrition, elimination, skin integrity, circulation, oxygenation, fluid and electrolyte and self-concept;
6. Use sound clinical judgment, critical thinking, science, and evidence based practice to improve client outcomes related to basic needs;
7. Use basic principles of teaching and learning to facilitate positive client outcomes related to basic needs;
8. Cooperate with members of the interdisciplinary team to improve patient outcomes;
9. Use beginning management skills to provide cost-effective and quality care; and
10. Use information technology to support care decisions.

**Major Topics to Be Included:**
The following concepts and topics related to man, health, and nursing are introduced:
   a. Holism
   b. Common human needs related to mobility, comfort, nutrition, skin integrity, circulation, oxygenation, fluid and electrolyte, and acid-base balance
   c. Human development and behavior
   d. Wellness
   e. Illness
   f. Homeostasis
   g. Nursing process
   h. Patient teaching
   i. Nursing role and function
   j. Nursing leadership, responsibility, and accountability
   k. Professional values, interpersonal skills, and the therapeutic nurse-patient relationship
   l. Cognitive and psychomotor skills
   m. Student’s evaluation of his/her own behavior

**Effective Date of Course Content Summary:** July 17, 2015