

**J. Sargeant Reynolds Community College  
Course Content Summary**

**Course Prefix and Number:** NUR 26

**Credits:** 3

**Course Title:** Nursing Assistant (Aide) Advanced

**Course Description:** Focuses on theory and provides laboratory experiences in asepsis, sterile techniques, tube feedings, and other skills required by nursing assistants in health care agencies. Prerequisites: CNA certification for at least three (3) years; recommendation from a licensed nursing professional (LPN or RN); evidence of no restrictions on CNA certification by the Virginia Board of Nursing for the last five (5) years; recommendation for advanced certification from an LPN or RN who has supervised the applicant in providing direct patient care for at least six (6) months within the past year; American Heart Associate CPR BLS for the Health Care Professional certification; ability to pass a background check and drug screen; and ability to meet functional health and immunization requirements. Co-requisite: NUR 31. Lecture 2 hours. Laboratory 3 hours. Total 5 hours per week.

**General Course Purpose:** To provide Advanced Certified Nurse Aides with the skills and direct patient care experiences to apply for positions as care partners or other titles where the position description matches the major course content in this course and to prepare for the Virginia Board of Nursing Advanced Certified Nurse Aide credential.

**Course Prerequisites and Co-requisites:**

**Prerequisites:**

- a. CNA certification for at least 3 years;
- b. Recommendation from a licensed nursing professional (LPN or RN);
- c. Evidence of no restrictions on CNA certification by the Virginia Board of Nursing for the last five (5) years;
- d. Have a recommendation for advanced certification from an LPN or RN who has supervised the applicant in providing direct patient care for at least six (6) months within the past year;
- e. American Heart Associate CPR BLS for the Health Care Professional certification;
- f. Ability to pass a background check and drug screen; and
- g. Ability to meet functional health and immunization requirements.

**Co-Requisite:** NUR 31

**Course Objectives:**

Upon completing the course, the student will be able to

- a. Demonstrate professional and leadership behaviors integrated in direct patient care;
- b. Identify principles and evaluation of learning;
- c. Identify the principles of delegation under the direction of the RN or LPN;
- d. Demonstrate application of principles of safety with all direct patient care experience;
- e. Demonstrate communication skills that enhance a therapeutic relationship with patients, families, faculty, peers, and supervising licensed personnel;
- f. Describe the basic principles of growth and development for pediatric through older adult populations;
- g. Describe how cultural diversity needs are met in health care;
- h. Describe nursing care of the cognitively impaired individual;
- i. Identify pathophysiology and common nursing interventions for common disorders of the elderly;

- j. Demonstrate ability to recognize changes in a client's condition and how to report and document the changes; and
- k. Demonstrate competency in meeting assigned care needs of patients in an acute care environment.

**Major Topics to Be Included:**

- a. Principles of professional practice (leadership, risk management, delegation, attributes, conflict management, teamwork, organization), purposeful rounding
- b. Principles of growth and development
- c. Principles of patient safety--focus on children and cognitively impaired individuals (safe lift equipment), falls education, "sitter for 1:1 observer"
- d. Principles of assessment: monitoring vital signs, fluid balance, elimination, nutrition
- e. Principles of therapeutic communication--focus on age and cognition
- f. Principles of asepsis--medical and surgical (wound care, skin prep, infection control, specimen collection)
- g. Principles of advanced nutritional interventions (aspiration precautions, tube feeding, calculate and record calorie count)
- h. Principles of documentation

**Effective Date of Course Content Summary:** March 3, 2015