

Effective Date: Spring 2009

New

Revised

COURSE OUTLINE

1. **COURSE PREFIX and NUMBER:** PSY 202

CREDIT HOURS: 3

2. **COURSE TITLE:** Introduction to Psychology II

3. **PREREQUISITES:**

English placement recommendation for ENG 111 and satisfactory completion of ENG 4 if required by reading placement test. Prerequisite or corequisite: ENG 5 and or ENG 107 if recommended by reading placement test.

4. **COURSE DESCRIPTION:**

Examines human and animal behavior, relating experimental studies to practical problems. Includes topics such as sensation/perception, learning, memory, motivation, emotion, stress, development, intelligence, personality, psychopathology, therapy, and social psychology. These courses may be taken out of sequence by permission of the instructor only. Prerequisite: English placement recommendation for ENG 111 and satisfactory completion of ENG 4 if required by reading placement test. Prerequisite or corequisite: ENG 5 and or ENG 107 if recommended by reading placement test. Lecture 3 hours per week.

5. **CONTENT:**

- a. Human growth and development
- b. Personality: theory and assessment
- c. Theories of psychopathology and some of the disorders stress, health, and adjustment.
- d. Sex roles and sexual behavior
- e. Therapeutic techniques
- f. Social psychology
- g. Statistics

6. **GENERAL COURSE OBJECTIVES:**

Upon successful completion of the course, the student will be able to:

- a. Discuss the history of intellectual assessment techniques and become acquainted with some test material(s).
- b. Present different personality theories and define personality and its concepts.
- c. Discuss types of psychopathology and their issues.
- d. Discuss various therapeutic techniques and preventative mental health.
- e. Consider the information and change of attitudes and to introduce perceptions of interpersonal attraction and group structure and process, sex roles and their implications.
- f. The relationship of Law, Health, and Mass Media to Psychology.
- g. Understand and interpret complex materials.
- h. Draw appropriate conclusions and inferences.
- i. Evaluate the strengths and relevance of arguments on a particular question or issue.
- j. Determine whether certain conclusions or consequences are supported by the information provided.

- k. Understand one's own as well as others' personal functioning (ethical systems and values) within social institutions.
- l. Evaluate information and its sources critically and incorporate selected information into his or her knowledge base and value system.
- m. Develop and/or refine personal wellness goals addressing exercise, nutrition, weight management and stress management.
- n. Reason by deduction, induction and analogy.