

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: PSY 230

Credits: 3

Course Title: Developmental Psychology

Course Description: Studies the development of the individual from conception to death. Follows a life-span perspective on the development of the person's physical, cognitive, and psychosocial growth. Prerequisite: Placement in ENG 111 or placement in Co-requisites ENG 111 and EDE 11. Lecture 3 hours per week.

General Course Purpose: PSY 230 provides the student with an introduction to important concepts and principles of developmental psychology. A transferable course to four-year colleges and universities, PSY 230 meets a general education elective requirement for the Social/Behavioral Sciences and also meets a requirement for the Approved Humanities and Social Sciences electives for the Liberal Arts AA and Social Sciences AS degrees. PSY 230 is a required course for students majoring in Social Science AS - Pre-Social Work Specialization, Human Services, Early Childhood, Dental Assisting, and Nursing. The course should be completed by any student intending to major in psychology at a four-year institution.

Course Prerequisites and Co-requisites:

Prerequisite: Placement in ENG 111 or placement in Co-requisites ENG 111 and EDE 11.

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Demonstrate an understanding of the biological, cognitive, personality, social foundations of behavior and mental processes;
- b. Comprehend the key concepts of research and statistics, nature versus nurture, as well as biological, cognitive, personality, and social development;
- c. Demonstrate an understanding of the ages, stages, and processes of aging in life-span development;
- d. Demonstrate an understanding and application of how development influences social, emotional and personality changes;
- e. Demonstrate social and cultural understanding as it relates to development;
- f. Apply basic concepts, theories, and issues to their own life, as well as to others; and
- g. Determine whether certain conclusions or consequences are supported by the information provided.

Major Topics to Be Included:

- a. History and theories of life-span development, to include physical, cognitive, and socioemotional development across the lifespan
- b. Prenatal development
- c. Development in infancy and toddlerhood
- d. Early childhood development
- e. Middle childhood development
- f. Adolescence
- g. Early adulthood
- h. Middle adulthood
- i. Late adulthood
- j. Death and dying

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