

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: SDV 109

Credits: 1

Course Title: Student Leadership Development

Course Description: Introduces students to leadership theories and skills. Develops students' personal leadership styles. Assists students to promote leadership skills in others. Examines the outlook, skills, and behavior essential to successful leadership. Lecture 1 hour per week.

General Course Purpose: The purpose of SDV 109 is to provide students the opportunity to gain valuable classroom training in leadership. Students will develop working knowledge of leadership theories and skills, as well as gain experience coordinating a leadership project. Students enrolled in SDV 109 will integrate theory with practice; central to this focus will be group dynamics. In addition, students will identify a personal philosophy of leadership and develop leadership skills. Participants are encouraged to develop their leadership potential, recognize others as leaders and to engage in productive leadership behavior.

Course Prerequisites and Co-requisites:

There are no prerequisites or corequisites for this course.

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Identify their own leadership style and be able to recognize the styles of other leaders they come into contact with;
- b. Begin to develop leadership skills in others;
- c. Identify challenges that leaders face (conflict, team issues, ethical challenges, change, etc.) and be able to utilize decision-making models to come to a resolution regarding the situation;
- d. Identify the role that service plays in leadership;
- e. Participate in community service, success workshops to enhance their skills, and attend lectures given to expand their views of leadership; and
- f. Work as a team to complete a capstone project.

Major Topics to Be Included:

The following topics will be covered during SDV 109: Leadership Styles, Ethics and Integrity in Leadership, Servant Leadership, Teamwork, Conflict Management, Being an Academic Leader, Managing Change, and Wellness and Balance

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