

**J. Sargeant Reynolds Community College
Course Content Summary**

Course Prefix and Number: HMS 270

Credits: 3

Course Title: Treatment Systems

Course Description: Examines the services and facilities established for the purpose of treating addictions. Focuses on treatment therapy models and ethical standards related to addiction-disease theory. Lecture 3 hours per week.

General Course Purpose: This course can be used to satisfy the requirements of the Human Services AAS degree by the college. In addition to human service majors, this course offers students in other disciplines an opportunity to explore and study addiction and substance use disorders and their impact on individuals, families, and society and the various treatment and recovery approaches utilized in this field of practice.

Course Prerequisites and Co-requisites:

None

Student Learning Outcomes:

Upon completing the course, the student will be able to

- a. Define addiction, treatment, and recovery;
- b. Identify current best practices in the field of treatment and recovery;
- c. Discuss the treatment and recovery process of addiction and substance use;
- d. Assess, evaluate, and select appropriate interventions that promote client growth and goal attainment; and
- e. Discuss how Relapse Prevention is used in the recovery process.

Major Topics to Be Included:

- a. Drugs and their Effects
- b. Motivational Interviewing and Relapse Prevention
- c. Assessment and Treatment Planning
- d. Substance Use/Abuse Counseling in Community-based Programs
- e. Maintaining Change in Substance Use Behaviors

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